

# 2010 RAGBRAI Information



RAGBRAI will be here before you know it.  
Here are the things you need to know.

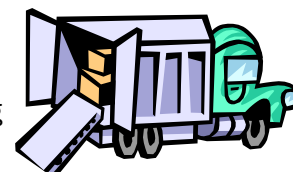
As we have done in the past, you will be given your rider bands in your RAGBRAI packet at the sag loading Friday evening or Saturday morning.

## Special points of interest:

- Loading Friday, July 23 5:30-7:30 p.m. and all day Saturday. Maximum of two pieces of luggage/containers.
- Weight restriction on shower bags—no shower bag larger than 2.5 gallon.
- This year, all gear must be loaded on the truck daily by 8:00 a.m.
- Arrows to our overnight camp sites will be **red printing** on white paper, the same as the last few years
- Bus back to Sioux City will leave promptly at 3:00 p.m. on Saturday, July 31.
- READ ALL THE DETAILS IN THIS FLYER!!!
- Need a ride back to Sioux City? ...make your bus reservations ASAP!

## Loading Your Gear

We will load sag vehicles at Albrecht's on **Friday evening, July 23 from 5:30—7:30 p.m.** and on Saturday all day. **Saturday night's camping will be in the green space across from Albrecht's.** So, the truck will be there all day. Please make sure your name gets checked off our master list and you get your RAGBRAI packet when you load.



Baggage, camping gear, and one 2 1/2 gallon shower bag will be the only items allowed on the sag trucks throughout the week. All of your camping gear, equipment, clothing, etc. **MUST fit into two containers** (pieces of luggage, Rubbermaid bins, duffel bags, etc.) No rider will be allowed to take more than two containers/bags. Each rider is responsible for getting himself/herself and his/her bike to the starting point. We are very full this year, so if you have more than two containers, re-pack until you don't. For the people going 2 or 3 days, if you can get by with one container, please do so. Again, everything **MUST fit into two containers** .

## Some Important Information On Packing Requirements

You may take your camping gear in one container and have one additional bag/duffel/container for your clothing, etc. **We will only allow two containers/bags per rider.** The club has stack chairs, coolers, a tool kit and an awning. To make certain there is enough room on the truck, you **CANNOT bring chairs, coolers, or additional bikes. Make certain your luggage and camping gear is marked with your name and phone number.**

If you are using a large container to pack your gear, PLEASE make it a reasonable size and weight—any container deemed to be “So Darned Heavy That There Is No Way We can Load and Unload It Every Day Without Risking Injury” will remain on the sag vehicle for the owner to lift and unload each day. Your property will be well cared for, but we are not responsible for theft or damage and will not reimburse anyone for any damage or loss of property.

## Packing Suggestions

### Bicycle Equipment:

- Small repair kit (bicycle shops set up along the route and they can help you with most of your mechanical needs)
- Rear view mirror
- Helmet
- Bike Gloves
- Water bottles
- Rain Gear
- Shower cap (to keep dew off your bike seat)
- Bike lock (campgrounds are not secure so we recommend you lock your bike in the campground. No bikes are allowed on the sag trucks during the ride.)

### Camping:

- Duffel bag
- Sleeping Bag
- Light sheet
- Pillow
- Pad
- Ground Cloth
- Rope
- Stakes (plastic stakes are preferred to steel stakes to lessen the possibility of injuries from stepping-on or tripping-over a stake in a crowded campground)
- Tent
- Flashlight
- Portable roll up cots to get you off the ground

work well

### Toiletries:

- Towel (the sport towels that are like chamois work really well—)
- Wash cloth
- Toothbrush and Toothpaste
- Lotions and Sunscreen
- Soap and Shampoo
- Razor
- Nail clippers
- Brush/Comb
- Deodorant
- Mirror
- Wet Ones
- Vaseline
- Ear Plugs
- **2 1/2** gallon shower bag if you'd like to use our camp showers.

### Clothing:

- T-shirts
- Padded biking shorts
- Shorts
- Jacket
- Long pants
- Underwear & socks
- Shoes
- Shoes or Rubber Thongs (for showering)
- Pajamas
- Swimsuit
- Sweatbands/bandanas
- We recommend you pack your clothing in

those big Ziploc plastic bags to keep things dry.



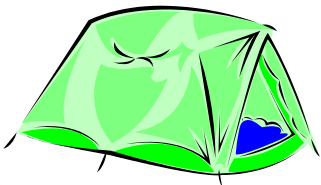
### First

- Any medication you may need
- Lip balm
- Insect repellent
- Eye Drops
- Aspirin
- Sunscreen

### Aid:

### Misc:

- Fanny Pack
- Personal battery operated fan
- Sunglasses
- Camera
- Money and Credit card
- ID
- Plastic trash bags (they can be rain gear, for dirty clothes, 100s of uses!)
- Walkie Talkies if you are riding with someone
- If absolutely necessary, you can bring a cell phone but we cannot allow you to charge it in the sag truck.



NOTE THE BUS  
DROP OFF  
LOCATION IN  
SIOUX CITY

### Parking Your Vehicle in Sioux City

If you need to leave a vehicle in Sioux City, please park it at the ***First Congregational Church located at 46th and Hamilton.*** There is an upper and lower lot. Please park in the upper lot (East side of the church. This is the parking lot that the return bus will take us to Saturday evening, July 31st.



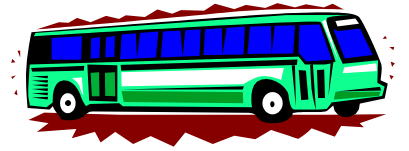
Do not put a sign in your window or door that says “RAGBRAI” as it might alert potential thieves or vandals to the fact that your car will be there for awhile. The lot is fairly well lit and we will notify the local police department that there will be cars there and request that they do periodic drive-bys to make certain things are okay.

Now the legal part of the deal:

THE FIRST CONGREGATIONAL CHURCH AND THE SIOUXLAND CYCLISTS ARE NOT RESPONSIBLE FOR PROPERTY LOSS, DAMAGE, OR THEFT ASSOCIATED WITH PARKING YOUR CAR IN THE CHURCH PARKING LOT. THIS PARKING LOT IS NOT SECURED, YOU ASSUME ALL RISK AND LIABILITY ASSOCIATED WITH PARKING YOUR VEHICLE IN THIS LOT.

### Information On The Bus Ride Back To Sioux City

Upon arrival in Dubuque, you will be responsible for breaking down your own bike and packing it in boxes provided. Boxes need to be marked with your first and last name. We will make every effort to have folks from the club there who know what they are doing to help you out, but the ultimate responsibility is yours. We will have a tool box that will have all the things you need to break your bike down. All bikes go on the Sag trucks—no exceptions. Your camping gear will go on the sag trucks, and your luggage (clothing personal items) can go on the bus.



If you want to reserve  
a seat on the bus  
please do so ASAP!!!

When you arrive in Dubuque please go to the bus immediately after dipping your tire, check in, and break down and pack your bicycle. The riding route to Dubuque is 47 miles. We will be asking **everyone to leave camp by 8:00 that morning. The bus will leave promptly at 3:00 p.m.** Please be courteous to your fellow riders and don't risk being “left behind” by being late for the bus. When the bus arrives in Sioux City, it will drop us off at the church parking lot as explained above.

**The bus currently has seats available.** If you want a space on the bus, please reserve it immediately with payment of \$85 (receipt of payment is the only way a seat will be reserved for you). Mail payment to Siouxland Cyclists—RAGBRAI, P.O. Box 3142, Sioux City, IA 51102. We have a few non-club riders who have expressed interest in riding back on our bus and we want to give priority consideration to our club members.

### **When and Where to Pick Up Your “Stuff”**

Bikes and camping gear packed on the Sag vehicles will be available for pick up on Sunday, August 1st, between 9:00 a.m. and noon at First Congregational Church at 46th and Hamilton, the same place the bus dropped you in Sioux City. Please have everything picked up by noon. If you absolutely cannot pick up your stuff by then, you will need to contact me to make pick up arrangements. Otherwise, I may sell it on e-bay, or keep it if it's good stuff I need, like, etc....

#### **Pick Up Location & Time**

4600 Hamilton  
9 a.m. – Noon

### **If you drop out of the ride....**

If for some reason you decide to drop out of the ride, please let me know— I need to account for everyone.

### **SAG Drivers**

If you would like to have your tent set up when you get to camp, you can work something out with the SAG drivers.

Also, please be good to our sag drivers. These are really great guys who take a week of their vacation time to drive the trucks, find the campsites, post the signs, set-up showers, buy the beverages and many other chores in order to make a great ride for us – we're really lucky to have them!!!

### **RAGBRAI Jerseys**

The RAGBRAI club jerseys are in! If you ordered one, it will be in your packet when you check in. If you would like your jersey before check-in and live in the area, please contact me ([Siouxland.Ragbrai@yahoo.com](mailto:Siouxland.Ragbrai@yahoo.com)) to make arrangements to get it. If you would like it shipped to you, please send \$5 for priority mail to: Siouxland Cyclists—RAGBRAI, P O Box 3142, Sioux City, IA 51102.



## Campgrounds

We do not know where we will be camping each night. Those assignments will be made at the time the sag trucks arrive in an overnight town.

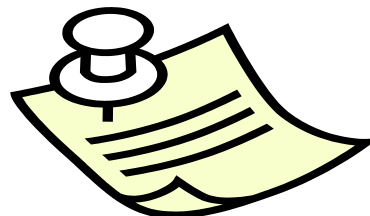
The route to the campground will be marked using **red** “wormy” directional signs on white paper with the Siouxland Cyclists logo. Be sure to look at one when you check in if you do not know what they look like. If you are afraid you will forget you may take one. Our campground will also be marked with red, yellow and white flags flying above our sag truck.

We will have at least two showers stalls in our campground each night, so you are welcome to bring your own shower bag. As most of our members now are bringing their own shower bags, we’ve run into a bit of a “weight problem” which results in a whole mess of broken shower bags and nearly broken sag driver backs! **We are limiting shower bags to 2 1/2 gallon bags maximum...no exceptions.** The 2 1/2 gallon bags can be found in a variety of camping catalogs and on the internet. You are responsible for filling your shower bag and putting it in the “club shower bag tub” each evening.

We will provide chairs and an awning for relaxing and socializing. In addition, we will provide coolers full of beverages (pop, beer, bottled water, bottled sports drinks). There will be a cash bucket by the cooler along with the posted prices. Promise you, the prices will be VERY reasonable. Please do not bring coolers or chairs. They take up too much room and the club provides these items.

We ask that you be courteous of your fellow campers and keep our campground quiet after 9:00 p.m. Most folks get up pretty early to ride and will need/want to get a good night’s sleep. This year, we will ask that all campers to have their **gear loaded onto the truck by 8:00 a.m.** You do not have to leave by 8:00 a.m., but your gear must be loaded. Our baggage truck needs to get to the next town to unload before it becomes tent city.

If you have questions or need clarification, please contact me at  
Siouxland.Ragbrai@yahoo.com



**Siouxland Cyclists  
RAGBRAI Coordinator  
Chris Schwerin**

**Siouxland.Ragbrai@yahoo.com**



## **What's In My Registration Packet?**

When you check-in with the Siouxland Cyclists, you'll receive a packet that contains:

- Your wrist band\*
- Your bike band and a "license" tag for your bike
- Baggage tag
- Redeemable patch certificate
- RAGBRAI jerseys for those who ordered them

\*Siouxland Cyclists keeps all of our riders' bands until riders check in so that we can make certain they have not been transferred without the appropriate registration and waiver paperwork. It also is one less thing for you to have to worry about losing when you're busy packing for the trip.