

Siouxland Cyclists, Inc.

The Chain Letter



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- Ride Coordinator
Dave Pollard
- Club Director
Glen Houts
houts@siouxlan.net

BOARD MEMBERS

- Dave Pollard
- Ken Todd
- Michele Schwerin
- Wayne Stewart



RAGBRAI XXXVII

SEE YOU IN COUNCIL BLUFFS
Trucks load Friday July 17th 5:30 to 7:30 and
Saturday July 18th 8:00 to 11:00 A.M.
WEEKLY PASSES STILL AVAILABLE

E-mail Chris @ siouxland.ragbrai@yahoo.com for details



TUESDAYS

We bring new life to an old TRDDition. The Tuesday night ride returns as the Tuesday Ride Dine and Discuss. Each week we will gather at the Siouxland Surgery Center at 6:00pm for a short relaxing ride to Adam's Nature Preserve followed by dinner at Graham's. Those who would like to add miles are encouraged to ride to and from the ride or plan a ride that ends at Graham's at approximately 7:00pm. Don't want to ride? Just show up at Graham's around 7:00pm. Most weeks will include a particular cycling topic and often a guest speaker.

BIKE and BUILD tour will be coming to Sioux City on July 15. This cross-country ride is being held to highlight the need for affordable housing. Siouxland Cyclists has been asked to provide the 32 riders with breakfast on July 16. I am asking for 4 volunteers to prepare and serve the meal and no more than \$100 in donations of food items and paper service. E-mail Glen @ houts@siouxlan.net

WEDNESDAYS

Want to gauge your fitness over the season? Why not try a time trial once a month? Sioux City Velo is hosting a monthly time trial series beginning Wednesday, June 17. Go to <http://www.siouxcityvelo.com/?q=node/1078> for more information. *A USA Cycling license is required. 1 day licenses will be available on-site

BIKEZONLINE.COM

THURSDAYS

This popular ride starts promptly at 6:30 PM every Thursday from the parking lot of the Siouxland Surgery Center at 600 Sioux Point Road, Dakota Dunes, South Dakota. The ride is a 24 mile, mixed paced ride (speeds vary from social pace to fast). The route heads north on Sioux Point Road to McCook Lake, west and north on SD 23, east on SD 6 into Jefferson, south on SD 105 to McCook Lake and back on Sioux Point Road. Each week's ride will have a designated "tail rider" who will greet cyclists at the start and hand out maps to those who are new to the ride. The "tail rider" will then follow all riders on the route offering their experience and assistance.

Social hour following at Grahams Grill.

Community Information from Bob DeSmidt

We are participating in a Bike-Pedestrian Committee with SIMPCO and Sioux City Transit came to that committee with the idea of adding bike racks on all city busses. The cost is \$21,000 and the City will fund 80 % thru its sources but needs private funding for the balance (\$4,200 total private money). Siouxland Trails Foundation has been asked to be the coordinator of the private money raising – we are polling our board now, but anticipate we will want to make this a reality.

We would see this as a short campaign – but, assuming this goes ahead as expected, Siouxland Cyclists would participate with \$1200. Our initial thought is that if the Trails Foundation and Cyclists could agree to each put in that much we could raise the balance in a week or two. Raising awareness of biking in Sioux City.

The second item is that I have communicated with Mark Nahr who is the new County Engineer. He told me that the dozen or so additional Share The Road signs approved last year have been installed. I think we should go back to the County again this year with another dozen or so recommendations of additional locations for such signs – So far, all of the signs have been South of Highway 20. Perhaps the Siouxland Cyclists can come up with a list of recommended sites on county roads north of Highway 20 – and then the Trails Foundation and Siouxland Cyclists could jointly approach Mark Nahr on these suggestions. (Mark, by the way is a cyclist and worked with the Iowa Bicycle Coalition in his previous position in eastern Iowa.).

R U Connected?

Siouxland Cyclists on Yahoo

&

Siouxland Cyclists on Facebook

These are fabulous tools for connecting with other riders in our area. Be sure you are connected!

Wheeling for Women Aware

Passing Along a THANK YOU

to all who participated.

Several Siouxland Cyclist Members made it out for the Women Aware fundraiser ride. Attendance was up from last year and the ride was great!

BIKES FOR KIDS

Marcy Peterson responded to our “Bikes for Kids” project and people have started dropping off small kids bicycles to be passed on to those who cannot afford one. We will take pictures and first names of the kids who receive them. Get involved and keep your eyes out for the kids who really need one. We are collecting 12” to 24” bikes. If you want to help with this project e-mail me. brinkerhoffg@aol.com



CLUB JERSEY by PRIMAL

Primal Wear jerseys are engineered for the highest possible performance. To take full advantage of the technical properties of your Primal Wear jersey, the jersey should fit close to the body so that moisture is effectively transported away from the skin. For a looser fitting jersey, please order one size up. Please note that our race cut jerseys are designed with the competitive cyclist body type in mind and have a very snug fit with a cut that tapers to the waist for a fitted look. Womens have a shorter sleeve with a flair at the hips with no waist elastic. We encourage you to take advantage of our "fit kit" program. Please contact Frank for order form, size chart and fit kit information. brinkerhoffg@aol.com

Club Jersey



FRONT



BACK



SLEEVES

- JERSEY WILL SELL FOR \$65.00—FOB SIOUX CITY
- JERSEY IS DESIGNED BY PRIMAL—THE SAME PEOPLE WHO MAKE THE RAGBRAI JERSEY
- THIS IS NOT A RAGBRAI JERSEY
- SIDE PANELS ARE ALBRECHT CYCLE SHOP LETTERING
- MENS AND WOMENS RACE CUTS OR SPORT CUTS — NO EXTRA CHARGE
- ZIPPER IS 3/4 LENGTH HIDDEN — FULL LENGTH HIDDEN ZIPPER IS AVAILABLE
- E-MAIL FRANK @ brinkerhoff@aol.com FOR SIZE CHART AND ORDER FORM
- SIZES RUN FROM XS TO 4XL
- NO EXTRA CHARGE FOR SLEEVELESS
- ORDERS WILL BE TAKEN UNTILL JULY 28TH FOR OUR FIRST ORDER
- PAYMENT MUST BE MADE IN ADVANCE



Siouxland Cyclists, Inc.

P.O. Box 3142
Sioux City, IA 51102

We're on the web
www.siouxlandcyclists.org

THE DATE NEXT TO YOUR NAME ON THIS ADDRESS LABEL IS THE YEAR YOU ARE PAID UP FOR.

Membership Dues are paid annually - January to December each year.

Siouxland Cyclists, Inc. Membership Application

Name: _____ Address: _____

City, State, ZIP: _____ Date: _____

Phone: _____ Email: _____

New membership { } Renewal { } Family { } \$20 Individual { } \$15

List *ALL* names below with birthday (*month and day only!*)

Your name: _____

Other names: _____

The Siouxland Cyclists, Inc. assumes no responsibility for personal injury, damaged equipment, theft, or loss taking place on any club ride or other activity. Each member is responsible for obeying all traffic regulations and personal safety while riding. All cyclists ride at their own risk and agree to hold the Siouxland Cyclists, its officers, and ride leaders blameless in case of accident or injury. Any cyclists under the age of 16 must be accompanied by a responsible adult. A parent or guardian must sign for applicant under the age of 18. All applications must be signed and in signing the liability release, the applicant agrees to these conditions. Members are urged to wear helmets when riding. Membership includes all weekly rides, racing, overnight campers, monthly newsletters, annual meeting and RAGBRAI® pass preference. Members' names, addresses, and phone numbers will be included in a club directory unless otherwise indicated on this membership form.

Applicant's Signature _____

Signature of Parent/Guardian if Applicant is under 18 _____

Please make check payable to Siouxland Cyclists, Inc. and mail to:

Siouxland Cyclists, Inc.

P.O. Box 3142

Sioux City, Iowa 51102-3142